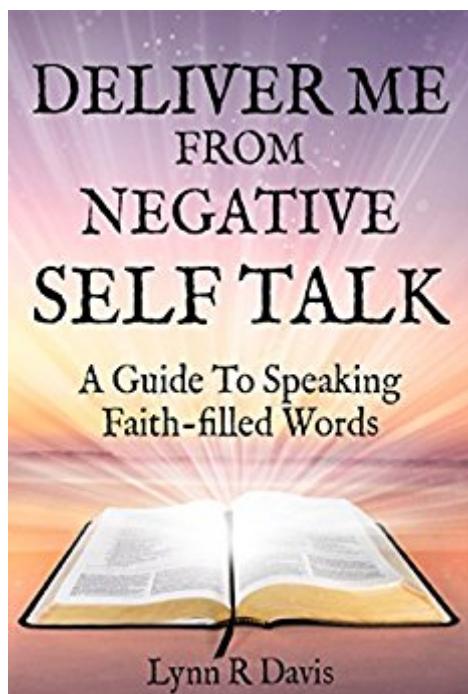


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# **Deliver Me From Negative Self Talk:A Guide To Speaking Faith-Filled Words**



## Synopsis

The most critical conversations begin in your own head. A bestselling ebook on destroying Negative self talk and calming your inner critic. Covers topics like fear of speaking up, depression and anxiety, rejection, and even marriage and forgiveness. Talking to yourself is normal, but what you say to yourself makes all the difference. It's a transforming life choice and you have the power to let your life speak peace, love, and abundance. If your inner chatter consists mainly of negative affirmations, you are headed down the slippery slope of low self esteem. God wants us to think good thoughts. Thoughts that reflect the way He sees us and how He feels about us. He wants our self-talk and thoughts to be a reflection of His love. This self talk book will teach you to change your negative thinking and replace with life affirming words of faith. Deliver Me From Negative Self-talk will help you: Stop the negative thinking that is holding you back from God's best for your life. Speak life-giving words of faith in challenging times that will change your circumstances. Be a positive influence for others who are struggling with negativity. Experience blessings and victory over fear, bad habits, addictions, negative emotions, sickness, relationships, self-esteem, weight-loss and so much more. Deliver Me From Negative Self-talk offers daily devotionals as positive self-talk guides using scripture references. You will learn the power of positive self talk through scriptural based phrases. Life and death is in the power of your tongue ". Get "Deliver Me From Negative Self-Talk" and start declaring life instead of speaking negatively (death) over yourself and the ones you love. (Available In Box Set.)

## Book Information

File Size: 786 KB

Print Length: 91 pages

Publication Date: January 8, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00A6KR24Q

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #12,327 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #8  
inÃ  Kindle Store > Kindle eBooks > Religion & Spirituality > Spirituality > Personal Growth > Transformational #9 inÃ  Kindle Store > Kindle Short Reads > Two hours or more (65-100 pages) > Religion & Spirituality #14 inÃ  Kindle Store > Kindle Short Reads > Two hours or more (65-100 pages) > Teen & Young Adult

## **Customer Reviews**

We all go through difficult times in our lives, and what can make matters worse is when we sometimes feel as if God has abandoned us or that our situation is beyond His help. Hogwash! This book was an excellent source of inspiration. I read it in one sitting and I'm going to go through it several more times to highlight the life-giving words and verses that the author uses to illustrate how we can transform our lives by transforming our self-talk. It's an easy read and the author uses examples of her own personal struggles to show the reader practical applications of spirit-filled self-talk. While positive affirmations do work, as believers we should have access to those spirit-filled verses in which God tells us the good things He has in store for us. In short, if you need both a quick pick-me-up as well as a powerful primer for transforming your mind and your life, this book is a great place to start.

This is a superb book because it is written by a Christian. Lynn Davis gives ways to think positive and say positive words. Thenot she goes on to say some of the negative self-talk talk/thoughts and how to think and speaker positive thoughts. Each new thought is backed up by holy scripture. This book was a joy to read. It is helping me greatly rethink and also encouragingredients me to pray more and encouraging my faith.

I'd first like to say WOW what an awesome book!! As I read it I stopped many times to thank God for its content. The author is a real human being just like you and me. I could feel her through the pages! I feel so inspired not only to continue to sow my own seeds, protecting them and believing in them. But I'll also share what I learned with who'll ever hear me!! If you believe in God and the LOA this book is a must read!! Thanks Author!!

It's not hard to recognize the power of words. We all get affected by them just about every day. The challenge is knowing how to handle it. This book helps. It is a book that you would need to read and reread. It also made me realize more fully how wonderful the Bible is as Ms. Davis uses the

scriptures to underpin her argument that we fight a spiritual battle when dealing with this power of words.I like her formula (you can read it in the book) as we do often dwell on the negative words and actions of others long after we should have let it go.As most people, I have been impressed by the fact that some people work for the devil as they go around hurting people with their words. I remember thinking that one woman hadn't been asked but had volunteered and was doing a great job for him. And then I observed an African-American woman who in two years had never said a negative word about anyone (at work) and was fearless in quoting a scripture here and there to me when I felt like belting some gossip or other (with a witty retort) . Just smile and go on your way, she'd tell me. I'd struggle to focus on the positive-that much I knew. Because of her and the words she used-her constant choice of strong and positive words which appeared to me a part of her Christian upbringing and philosophy, I got this book and it helps me more to focus on the positive.It's interesting to note that this woman was always well-dressed, constantly attended to her duties at work, married successfully with children who attended a private Christian school-all exemplary-but it was her words that amazed me at first, then impressed me as time went by. And of course she got a lot of mean comments and criticism and she still remained strong.

This writer is very good , but of course anything a layman can read and can hardly put down, Is a good writer to me. I have some very negative people in my life. hopefully these books can help them to see God doesn't want us to be negative about ourselves. or others or anything! Keep the faith.

This book is just what I needed to read. It is concise and very clear in how you can change the way you think about yourself and others. Through examples given in the book you will find yourself saying... I say that or I have thought that.I highly recommend this book if you want to stop thinking negatively about yourself

What a wonderful gift! I would recommend this to anyone who has been brought up in a negative environment, or living in a negative, harmful marriage. What you have been hearing from the devil is all lies, this book will help you turn it all around and help you live in a happier place with God's good word. It has scripture to work with and will lift your spirit to new levels of enlightenment! I would recommend this book for teenagers who have not found their way to Christ.

This book is a little different from most self-help books that I have read, This book leans towards the word of God to help control negativity, I am a Christian and this book gave my a refresher course of

some of the Scriptures from God that can uplift my spirit and be more positive.

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